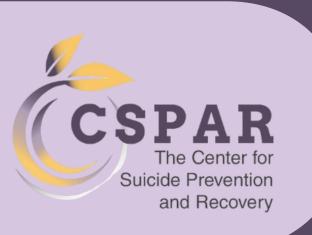
UW Medicine DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES



ANNUAL UW COMPREHENSIVE DBT TRAINING

For post-graduate clinicians looking to learn how to deliver Dialectical Behavior Therapy or refresh their skills!



LEARN FROM KATE COMTOIS,
ADAM CARMEL, AND OTHER
SEATTLE AREA DBT EXPERTS



COMPREHENSIVE CURRICULUM, UP TO 36 HOURS



COLLABORATIVE AND ENGAGING LEARNING ENVIRONMENT

QUESTIONS?





REVIEW DETAILS & REGISTER





PROGRAM DETAILS

WORKSHOP

- introduction to DBT theory, structure, and treatment strategies
- focus on behavioral analysis, commitment, and crisis response

SEMINAR

- covers theoretical underpinnings and major strategies of DBT, as well as applications with adolescents
- involves weekly reading, homework, and a self-graded final exam

TRAINING OPTIONS

- 1) Workshop only
- 2) Workshop with seminar series

PRICE

- varies based on licensure and affiliation
- reduced rates for UW SOM, SCH, and VA Puget Sound clinicians

Two-day Workshop

July 7th & 14th, 2025 9:00 AM - 4:30 PM PST Live via Zoom

Seminar Series

July 21st - December 15th, 2025 Mondays, 11:30 AM - 1:00 PM PST Live via Zoom