



Suicide Care Team

Overview

Health professionals are required to have training in suicide prevention and care. But often due to unavoidable factors, evidence-based suicide care is not always feasible to deliver. It is common for people experiencing suicidality to have a health provider screen and assess their needs but then receive little to no follow up, posing risks to their health and safety.

CSPAR is designing a new approach to suicide care: the Suicide Care Team (SCT) that will respond to suicide risk in real-time.

This multidisciplinary team, based at University of Washington, will provide a continuum of evidence-based services tailored to the unique needs of an individual experiencing suicidality and those who treat or support them.

Suicide Care Team will provide:



Real Time Case Consultation

Phone consults on emergent or non-emergent cases to guide safety or treatment planning.



Virtual Warm Hand Offs

Warm hand-offs of care from medical providers or wellness programs via virtual assessment and management.



Evidence-Based Suicide Care

Suicide care interventions matched to patient needs and preferences, as well as, follow up with Caring Contacts, as appropriate.



Systematic Suicide Screening Monitoring

Monitoring of suicide screeners and outreach to medical providers (or their teams) for patients in need of additional suicide care



The Vision



In designing, testing, and evaluating the feasibility of implementing a SCT, we seek to create a new approach to delivering evidence-based suicide care across the University of Washington community, expand this service to less resourced healthcare systems, and train future leaders in this model to replicate internationally.

About Us

Center for Suicide Prevention and Recovery (CSPAR)

CSPAR promotes the recovery of individuals experiencing suicidal thoughts and behaviors and the effectiveness of the clinical staff and families who care for them through research, intervention development, clinical training, and care improvement consultation all while listening to and prioritizing the lived experience of those we serve.

Read more: www.uwccspar.org



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After losing a son to suicide, the founders of the Four Pines Fund dedicated themselves to figuring out how they could best prevent additional death by suicide. The Four Pines Fund is a national grantmaking family foundation established in 2023. Its founders believe that better pathways to suicide care can and must be built.

Read more: www.fourpines.org/